ISSUE 10

Grey Matters

U3A SEYMOUR & DISTRICT

November 2026



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U3A UNIVERSITY OF THE THIRD AGE SEYMOUR & DISTRICT

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U3A + RMIT UNIVERSITY

U3A 2027

It is time to consider what Seymour and District U3a will look like for 2027

Both the President and the Secretary will be stepping down at the end of this year after completing four year terms

WHAT DOES THIS MEAN?

If there is no committee, there will be no U3A

Please consider taking on a role

We all love the activities we do and the groups we belong to but there needs to be coordination for these to occur. There are many members who have already contributed over the years in committee roles.

Even if you are unsure,take the plunge and learn something new! There will be support from the current team for handover.

It would be a terrible shame if U3A Seymour could not continue into the future.

Presidents Message

Can you believe that November is here and it is our last month of classes.
We do have some exciting news. Christine Cahusac is coming onto the Committee as Secretary for 2027. She will be well supported by our outgoing Secretary Jo Gooden and the rest of the team. Welcome Christine!
On a financial note. The committee has made some changes to the membership fees. 2027 fees have increased to $50 per member. We no longer have the couples discount.

A reminder to put these dates in your diaries, or book if required.

- Writers & Readers Festival, Seymour Library 14th Nov. See attached flyer for details
- Tutors lunch - The Royal, Emily Street - Tuesday 1st Dec. Details below
- Enrolment Day for 2027 - Tuesday 8th Dec. 10am - 12pm
- AGM for 2027 - Tuesday 23rd Feb. 2 - 4pm

Irene Telford

ART



We are now operating on Tuesdays and Wednesdays. Students are having a lot of fun doing portraits , landscapes even abstracts in a variety of mediums, oils, acrylic, watercolour. Some students just draw with pens, pencils charcoal and mixed media. Everyone's welcome.

Contact: Barry Dunn
Phone: 0401 359 918
Email: clearpropdude@gmail.com
Tuesdays & Wednesdays 10:00-12 noon
Venue: Chittick Place



JESSICA 'S CORRAL

Every Monday afternoon it takes Jessica, our choir conductor, much patience to quieten all the chorister's down. We're a very talkative and loud bunch who all enjoy the challenge of this choir. The songs we sing are acapella style which isn't easy and we try and try to get our parts right.

Jessica as choir conductor is amazing to watch she can switch between all the sections, soprano, alto, tenor and bass without a worry. Jessica keeps the tempo and by using her hand signals she can tell a group of 26 people what's needed. There are varying degrees of musical knowledge in our choir but her talent and leadership to get all levels of the choir ship-shape is fantastic. When we do all sing our parts well we sound magnificent. We're very lucky to have Jessica lead this choir for 20 years!

By Cynthia Lim

Contact: Jo Gooden
Phone: 0448 700 967
Email: jogooden@gmail.com
Mondays 1:30-2:30
Venue: Uniting church Foyer



Garden Matters

On Wednesday 21 st October, members met at a garden in Nagambie. Our theme for this meeting was the topic of Permaculture. Because the weather looked very changeable we did a tour of the garden first, discussing plants and recipes along the way. Members chatted about 'no dig gardening' and wicking beds, before we adjourned to the house for a welcome cuppa.

Members discussed the meaning of permaculture, how it related to our own gardens and looked through several Permaculure books for info and ideas. After an interesting morning members perused the free plants & ample bulbs on offer before heading home.

Well wishes go to our unwell fellow gardeners and we hope you get better soon.

Our last excursion for the year in November will be to a garden in Seymour, details of which will be sent directly to members closer to the event.

Til next time, Happy Gardening

Pam







Contact: Pam Lawler
Phone:0437 377 479
3rd Wednesday
10:30-12 noon



Luncheon

Hi everyone, the year is going quickly isnt it, or are we so busy and time just flies.
We booked the seymour Club for our Ocyober 8th luncheon.
Eight members attended and had a great catch up and lots of interesting conversations. The food was good as usual.

I am learning lots more about Seymour area and surrounds with lots of history.

Our next Luncheon will be on Thursday 12th November at The Railway Club Hotel 26-28 Station St, Seymour. They do serve seniors meals.
usual time 12 midday.
Everyone is welcome!
Hope to see you all there.
Barb

Railway Club Hotel

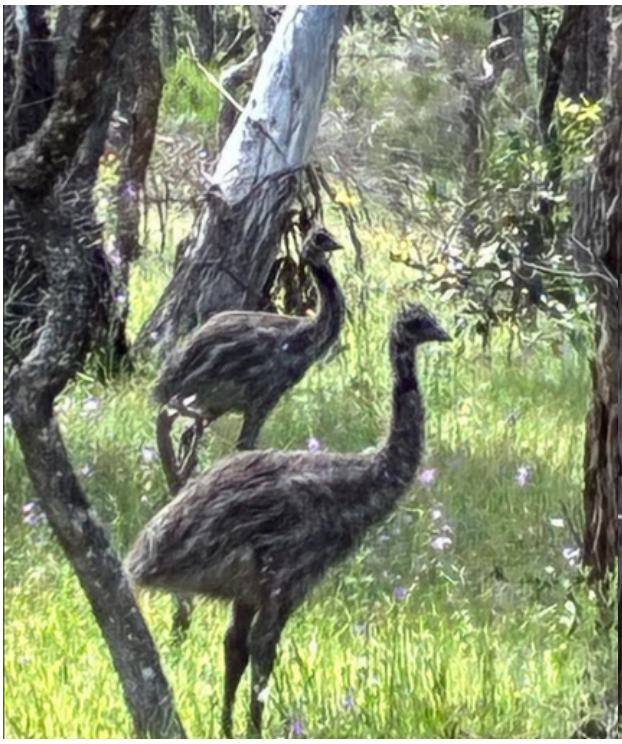
Barb Meredith
ph:**0417384712**

2nd Thursday 12 noon

Walk and wonder



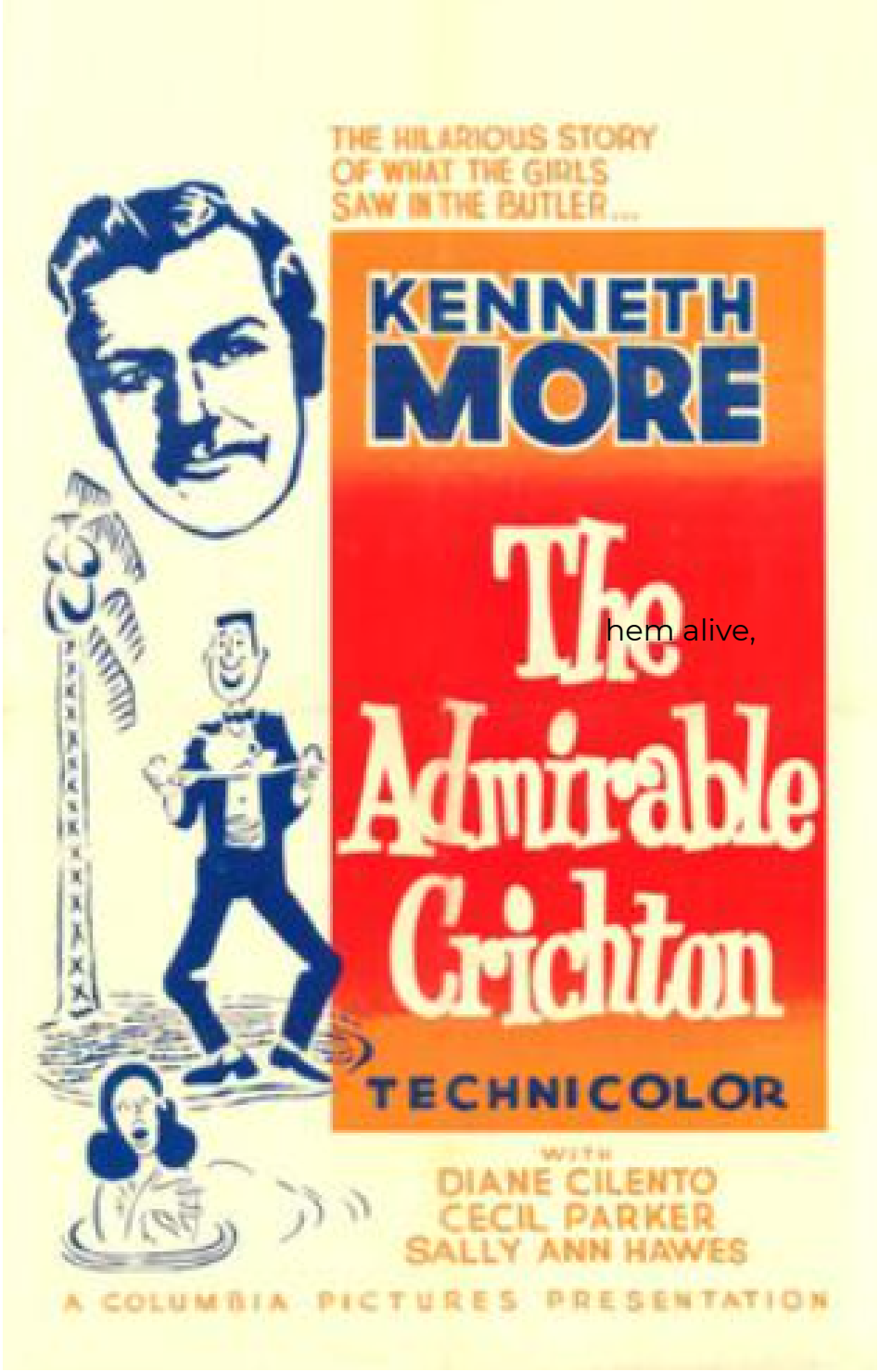
Our group drove very slowly up & down Mt. Black Quarry Rd. in the Box Ironbark forest looking for wildflowers, of which there were many, we also spotted a family of young Emus and one parent. Young emus lose their stripy plumage at about 3 months of age, so these young must be about that old. They were not bothered by our presence..





Contact: Lesley Dalziel
Phone:5792 1848
Email:jldalziel12@bigpond.com
Tuesdays 9.00am
Venue:Meet in the carpark at Chittick Place

matinée



Contact: Trish Archer
Phone:0409 945 807
Email:trisharch@gmail.com
3rd Thursday 1:30-4pm
Venue: Chittick Place

hem alive,

An upper class family and their butler (Kenneth More) are shipwrecked on a tropical island. As the butler is the only person with any skills to keep them alive, the normal social order is overturned and the butler becomes the chief of the group. This is good comedy about class and social relationships.

Just Ukes



Anyone can play the Ukulele! Only 4 strings and a sense of fun .Please come and join us
Cheers
Barry & Moira



Phone:0427 991 623
Thursdays 11:00-1:00
Venue: Chittick Park



Book Buffet

Our final get together for the year will be at Dougs Bakery on Monday 16th November at 11 am

Contact: Jo Gooden
Phone: 0448 700 967
Email: jogooden@gmail.com
3rd Monday 1:30-2:30


Vikki Petraitis


Emily Webb


Bronwyn Hall


Lyn Yeowart

SEYMOUR CRIME LOVERS FESTIVAL.

A full day of crime writing, true crime and rural noir comes to Seymour Library on Saturday 14 November.

Featuring special guests, bestselling author Vikki Petraitis, true crime podcaster Emily Webb, and writers Bronwyn Hall and Lyn Yeowart.

Come for one session or make a day of it. All events are free, bookings are essential.

- **Crime Writing Workshop with Vikki Petraitis** - 10.30am - 12pm
- **From True Crime to Fiction** - 1pm - 2pm
- **Rural Noir Author Panel** - 2.30pm - 3.30pm

For more information visit **mitchellshire.vic.gov.au/events**

Supported by U3A University of the Third Age Seymour & District

Mitchell Shire Library Service

Broadford Customer and Library Service Centre
113 High Street, Broadford

Greater Beveridge Community Centre
Corner Lithgow Street and Mandalay Circuit, Beveridge

Kilmore Customer and Library Service Centre
12 Sydney Street, Kilmore

Seymour Customer and Library Service Centre
125 Anzac Avenue, Seymour

Wallan Customer and Library Service Centre
Wellington Square Shopping Centre, 12/81 High Street, Wallan

Contact us
t. (03) 5734 6200 **e.** libraries@mitchellshire.vic.gov.au
www.mitchellshire.vic.gov.au/libraries

MITCHELL SHIRE COUNCIL

What Your Word Knowledge Says About Your Brain

Researchers at Charles Darwin University are seeking older adults for a study on whether **simple online word-based tasks can help assess cognitive functioning**.

Each study has its own prize draw:

Complete Study 1 for a chance to win a $100 voucher, and Study 2 for entry into a second $100 voucher draw.





You might be a good fit if you:

- are aged **55 to 85 years**
- have access to a **smartphone or computer**
- are in good general health, with **either no memory or thinking concerns,** or **mild changes** you've started to notice

Click to participate

CLICK HERE

Or visit:

https://cdu.az1.qualtrics.com/jfe/form/SV_1TtX7jRBBMPeS5o

For more information please contact
Ayra Grewal
ayra.grewal@students.cdu.edu.au

Anyone interested in reading last months edition of Heathcote U3A's Newsletter use the link below

file:///C:/Users/libsa/OneDrive/Desktop/The%20Grapevine%20(Heathcote%20U3A%20October%20%20Newsletter).pdf



file:///C:/Users/libsa/OneDrive/Desktop/The%20Grapevine%20(Heathcote%20U3A%20October%20%20Newsletter).pdf

2026 State Election
Forum for Euroa District

the seymour we want



Thursday 12th Nov 2026 • 7:30 – 9:30pm

Seymour VRI Hall, Cnr Anzac Avenue & Goulburn St



We're heading into the second half of History Month, and there's still so many events to explore and enjoy.

In the coming week alone, there are almost *fifty history events* running around Victoria. There really is something for every history lover this History Month.

Below are some highlights from the schedule for week three.

To see all events, visit the website to browse the complete program.

Take me to the History Month website






About the program

RMIT University's College of Business and Law is inviting up to 30 older learners to participate in its inaugural Age-Inclusive Lifelong Learning (ALL) Program.

Developed in partnership with U3A Victoria, the program offers participants the opportunity to:

- Attend face-to-face classes at RMIT's Melbourne City Campus.
- Explore contemporary business and law topics.
- Learn alongside current RMIT students.
- Experience university life in an intergenerational, supportive and inclusive environment.

Please note: Participants will need to be available to attend classes at RMIT's city campus on a weekly basis.

Further information about the program and available subjects can be found at the RMIT Age-Inclusive Lifelong Learning program page. Age-Inclusive Lifelong Learning

The Age-Inclusive Lifelong Learning (ALL) Program is **free of charge** and will commence in Semester 1, 2027. Participants will attend face-to-face classes at RMIT's Melbourne City Campus during a full semester, from March to June 2027.

Two information sessions will be held in October/November to explain the program and answer questions.

We are asking your U3A to help share this opportunity with members.

Please:

1. Promote the program to your members.
2. Add the course to your U3A enrolment system so interested members can register their interest.
3. With the member's agreement (by enrolling in the course you advertise), provide their name and email address to U3A Victoria/RMIT for follow-up.

Registering interest does not guarantee a place in the program. Members who express interest will be contacted by the RMIT ALL Team with an invitation to a further information session in December/January.

October information sessions

Choose one session to learn more about the opportunity:

- Monday 19 October 2026, 3–4 pm — Register for the session
- Monday 19 November2026, 9–10 am — Register for the session

We encourage U3As to share this opportunity with members who are interested in exploring university study in a supportive, intergenerational learning environment.



Schedule Reminder

All Notices for the next newsletter need to be emailed to U3A (seymu3a@gmail.com) and **Libby (libsam.smith@gmail.com)** on or before the:**27 November 2026**

If you have any photographs of any activities/groups/classes and wish for them to be included in the newsletter please email them through also.

See you for the next newsletter!



Seymour U3A Contact Details:

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www.u3aseymour.org.au **https://www.facebook.com/uthreea.seymour**		**U3A Seymour & District Inc** **Chittick Placce, Pollard St, Seymour**

Thank you for reading!